

## **F455i Writing and Practice: Art-ing Across Genres**

**Week 4 - March 2021**

**T Holtham**

### **L1 - List Poem**

26 things I have learnt in the last 20 years

#### **Infinite Anomalies**

Actualisation is a life in progress  
Bars are no longer places I frequent  
Caricatures are what I wear to be invisible

Decisions are infinite anomalies  
Exercise was one of the main pursuits of my twenties  
Fridays are the epicentre between the week and the weekend

Grounded as an adult means something different to grounded as a teenager  
Holidays are arranged when I'm invited by others  
Injuries have been sustained whilst tired, stressed, anxious, depressed

January joy is an algebraic equation to be surmounted  
Kettles breaking force me to leave by the nearest exit in hunt of another instantly  
Lead times can be illusionary estimates which appease and offer breathing space

Mondays require a strategy  
November is a bridge between October and the month I've reframed as an adult  
One thing at once is a concept I find hard to stretch my mind around

Patience is an ongoing process  
Quietness is a daily requirement  
Rings accompany my hands on an intermittent basis

Songs fuel the footnotes to my emotions  
Time is like behaviours I don't understand  
Underground miles – if these existed, I wonder how far I could stand?

Velcro's possesses an over-committed sticking power  
Weekends are in a race with themselves – the best way around this is to get up early  
Xylophones are like pianos, but are more reflective

Yearly words rather than resolutions  
Zones are my geographical breath in London