F455i Writing and Practice: Art-ing Across Genres Week 4 - March 2021 T Holtham

Warm up Prompt:

Poem to a body part – 5 lines

Dear Knees (both)

Dear Knees (both), no actually the left for now

Left Knee – I heard you crack and whine two years before I knew any better.

This was the start of our (ongoing) discussion – the right knee joined in later.

We'd been running silently for years.

Then in succession you emanated your age and your disdain (in duality)

Especially when I trusted you – you made a sound that scrapped through my fleshed edges.